CT Scan

What will I see?
CT is a large camera that is shaped like a donut. You will be asked to lay on a special bed. While you are lying down you will see red lights. These red lights make sure you are lying down straight. There is a big circle inside the donut that will spin around while it is taking your picture.

What will I hear?
During your CT scan, you will hear a sound like a washing machine. Your Mom or Dad can be with you when your pictures are taken.

What will I taste?
Some patients will be given contrast (a liquid to help the doctor see your organs better) before receiving a CT scan. This is given to you through an I.V., which is a small plastic straw that sits in your vein. You do not drink it, but it still might give you a new taste in your mouth.

What will I feel?
You will lie on a special bed. A seat belt will be placed over your tummy to remind you to stay still. For a head CT, your head will be on a special pillow with sides. Like the seatbelt, it will remind you to hold your head still. The camera will not touch you.

Practice ideas for home
Lie down on your bed and have someone time you for five minutes to see if you can stay still. While you are lying there, try and think of a place that makes you very happy. This makes the time go very fast.

Parent tips
In most cases, you will be able to stay with your child during their CT scan. While supporting your child, you can sing or read stories to them. You may want to avoid asking questions, as younger children often answer by nodding their head.

Reminder
To get clear pictures, it is important for your child to stay very still. For additional ideas or support during IV start or CT scan, please call Child Life at (608) 890-7888 or (608) 890-8096. You may also ask the CT staff to page a Child Life Specialist.