What will I see?
When you walk into the ultrasound room, you will meet someone who is called an ultrasound technologist. This person will take your pictures. Your mom or dad will be able to stay with you. There will be a small bed with blankets for you to lie on during the ultrasound. Next to the bed will be a cart with an ultrasound computer. The lights will be dimmed so the technologist can see the pictures better.

What will I hear?
The camera doesn’t make noise, but you will hear the person talking to you during your ultrasound. You may even be able to watch a movie.

What will I feel?
In order to make the pictures show up on the screen, the technologist will apply some clear gel on the camera wand. He or she will touch the camera wand to the part of your body being looked at. This may feel cool and slippery.

Parent tips
You can practice this procedure by putting lotion on a smooth toy and pretending you are having the ultrasound. Allow your child to give you an ultrasound too.

Reminder
To get clear pictures, it is important for your child to stay very still. For additional ideas or support during your ultrasound, please call Child Life at (608) 890-7888 or (608) 890-8096. You may also ask the Ultrasound staff to page a Child Life Specialist.