What will I see?
When you get to the X-ray room, you will meet someone called an X-ray technologist. This person will take your pictures. The lights in the room will be dim and you will see a flat, hard, bed that looks like a table. Above this bed you will see a large square camera. The technologist will help you into the correct position and move the camera before taking your picture. Sometimes instead of lying or sitting on the table, they may have you stand. Your Mom or Dad can stay in the room with you. They will be asked to wear something that looks like an apron over their clothes.

What will I hear?
When the camera is taking your picture, you will hear a click and beeping noise.

What will I feel?
When you get on the table, it might be a little cold and hard. The technologist will place the film, which looks like a black square, under the area you are having X-rayed. The technologist might put a white sheet over the film. Next, the technologist may place a small, heavy “blanket” over your hip area, which is not being X-rayed. The x-ray machine does not touch you.

Parent Tips
Getting the X-ray doesn’t hurt. However, in the case of a broken bone, moving it for different pictures might hurt. Encouraging your child to take deep breaths or look at a toy or book may be helpful.

Reminder
To get clear pictures, it is important for your child to stay very still. For additional ideas or support during the x-ray pictures, please call Child Life at (608) 890-7888 or (608) 890-8096. You may also ask the X-ray staff to page a Child Life Specialist.