



Pediatric Diabetes Clinic

The Pediatric Diabetes Clinic, located in the American Family Children's Hospital (AFCH), is staffed by pediatric diabetes providers who are members of the University of Wisconsin School of Medicine and Health, Department of Pediatrics faculty. Our physicians, nurses, and physicians-in-training blend understanding, sensitivity, and concern for each child with individualized patient care.

AMERICAN FAMILY CHILDREN'S HOSPITAL

When you are seen by a member of our team, you will come to the American Family Children's Hospital, a new, state-of-the-art children's medical and surgical center connected to UW Hospital and Clinics. Located in Madison, the American Family Children's Hospital offers the friendliness of a pediatric hospital backed by the sophisticated services and diagnostic and therapeutic resources of a major academic medical center.

YOUR CLINIC VISIT

Each of the following will be a part of your child's evaluation in the Pediatric Diabetes Clinic:

- Your child will be checked in by a medical assistant.
- A nurse and/or a physician-in-training will take a thorough history and provide a preliminary examination of your child.
- Next, one of our staff pediatric diabetes providers will examine your child, discuss the evaluation, and answer any questions.
- If indicated, your child may be seen by experts in nutrition, social work or health psychology.

EDUCATION

Diabetes is a challenging, chronic disease. We provide comprehensive education regarding the new diagnosis, any required testing, and all aspects of treatment. This education begins at diagnosis and continues throughout subsequent visits.

UW HEALTH MYCHART (Private, Online Patient Information Access)

UW Health is pleased to offer you the privacy and convenience of UW Health MyChart, a free and secure online service that allows you to view portions of your child's UW Health Medical record, receive test results, schedule simple appointments and more. We encourage you to activate an account and take advantage of the benefits that UW Health MyChart has to offer.

To enroll, please ask your nurse or clinic receptionist for an activation code at your next appointment or visit uwhealthmychart.org and follow the instructions to "request an account." Lab and test results are posted on MyChart for patients through age 11. In most cases, the clinic will notify parents of lab and test results by phone or mail once the patient turns 12.

LAB WORK/TEST RESULTS

You will receive your child's lab or test results by phone or mail within 14 days unless your doctor tells you otherwise. In many instances, however, results will be posted sooner online if you have an online UW Health MyChart account, as noted above.

If you still do not have lab or test results after two weeks, please contact the clinic at (608) 263-6420.

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PRESCRIPTION REFILLS

Before you run out of a prescribed medication, you may renew as follows:

- Ask your provider during the appointment
- Call your pharmacy and they will contact the pediatric diabetes office for you. Please contact your pharmacy at least 48 hours before the medication runs out.

APPOINTMENTS

To guarantee we meet your scheduling needs in a timely manner, please schedule your next appointment before leaving the clinic. If you need to cancel an appointment please call us as soon as possible, preferably 3 weeks, but at least 24 hours in advance so we can accommodate the needs of other patients and their families. Prior to your next appointment you will receive a telephone call reminding you of the date and time of the next appointment.

Please contact our registration department at (608) 262-1400 or (800) 303-6114 with any change in address or insurance coverage. Contacting our registration department before the appointment can help you avoid delays.

COORDINATION OF CARE

Your child's primary care provider will receive information about your child's evaluation at the AFCH Pediatric Diabetes Clinic. Whenever possible, any subsequent testing and treatment will also be coordinated with your primary care provider.

TELEPHONE NUMBERS

Clinic appointments and cancellations(608) 263-6420 or (800) 824-8924

Nursing and medical staff(608) 263-6420

FAX number for medical information/lab results(608) 265-7957

After-hours or weekends(608) 263-6420
(Ask for the pediatric diabetes physician on call)

QUESTIONS AND HOW TO REACH US

If you have any questions concerning your child's diabetes management, please call American Family Children's Hospital at (608) 263-6420 or (800) 824-8924 and leave a message for the Pediatric Diabetes Clinic. Our hours are 8:00 am to 4:30 pm, Monday through Friday. Your call will be returned by the pediatric diabetes nurse on call within 24 hours if no one is immediately available.

If your call is more urgent, please call the number above and ask to have the on-call nurse paged.



Pediatric Diabetes Team

YOUR CARE TEAM

Our pediatric specialty clinics are staffed by a team of physicians, physicians-in-training, nurse practitioners, physician's assistants, nurses and technicians. Your child may be seen by an expertly trained nurse practitioner or physician's assistant during the clinic visit. In these instances, the nurse practitioner or physician's assistant will consult with a faculty physician if needed.

"Meet" your child's provider before your appointment.



By going online to uwhealthkids.org/findadoctor, you can search for your provider's biography page. Many providers also have a short video online in which they discuss their approach to pediatric care.



Michael MacDonald, MD

Dr. MacDonald received his medical degree from Washington University in St. Louis, MO. He completed his pediatric residency at the Massachusetts General Hospital in Boston and his fellowship training in diabetes and pediatric endocrinology at the Elliott P. Joslin Research Laboratory, Harvard Medical School in Boston and the Children's Hospital Medical Center in Boston. He is board certified in pediatrics and pediatric endocrinology. His special interests include diabetes, hypoglycemia, the cause and genetics of diabetes, and biochemistry of the pancreatic insulin-producing cells. He sees patients at American Family Children's Hospital.



M. Tracy Bekx, MD

Dr. Bekx received her medical degree from the Medical College of Wisconsin in Milwaukee. She completed her pediatric residency at the Columbus Children's Hospital Columbus, Ohio and her fellowship training in pediatric endocrinology at the University of Wisconsin Hospital and Clinics in Madison. She is board certified in pediatrics and pediatric endocrinology. Her special interests include diabetes, polycystic ovary syndrome (PCOS) and the endocrine aspects of Down Syndrome. She sees patients at American Family Children's Hospital and the UW Health East Clinic.



Ellen Connor, MD

Dr. Connor received her medical degree from Louisiana State University in New Orleans. She completed her pediatric residency training at University Hospital in Shreveport, LA and her fellowship training in pediatric endocrinology at the University of Florida in Gainesville. She is board certified in pediatric endocrinology. Her special interests are diabetes, growth and autoimmune thyroid and adrenal diseases and polycystic ovary syndrome (PCOS). She sees patients at American Family Children's Hospital and the UW Health West Clinic.



Jennifer Rehm, MD

Dr. Rehm received her medical degree from the University of Florida in Gainesville. She completed her pediatric residency training at the University of Wisconsin Hospital and Clinics in Madison and her fellowship training in pediatric endocrinology at American Family Children's Hospital in Madison. She is board certified in pediatrics and board eligible in pediatric endocrinology. Her special interests include diabetes, working with adolescents, polycystic ovary syndrome (PCOS) and disorders of sexual development and gender identity. She sees patients at American Family Children's Hospital.

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Beth Van Den Langenberg, APNP

Beth Van Den Langenberg received her Bachelor of Science and Master of Science degrees in nursing from the University of Wisconsin-Madison. She is a nurse practitioner certified by the Pediatric Nursing Certification Board (PNCB). Her special interests include insulin pump and continuous glucose sensor therapies, cystic fibrosis-related diabetes, and pediatric-adult transition. She sees patients at American Family Children's Hospital and the UW Health East Clinic.

OTHER MEMBERS OF THE TEAM

Fellows: The fellows are licensed pediatricians who are specializing in pediatric endocrinology. As part of the diabetic team, they work closely with other members to provide integrated care to patients.

Nursing: The Nurse Clinician works as a key member of the child's healthcare team to identify the child's medical needs and help develop an appropriate treatment plan. Our pediatric nursing staff brings the special skills and understanding required to care for children of all ages, as well as their parents and other family members.

Nutrition and Health Education: Our Nutrition and Health Education staff includes Registered Dietitians who provide medical nutrition therapy, consisting of a nutrition assessment, goal setting and development of a nutrition care plan.

Social Work: In addition to comprehensive medical care, American Family Children's Hospital offers the skills of Social Workers. Our social workers work across medical disciplines and are available to help the stresses associated with illnesses and their impact on everyday life in areas such as advocating for patients and families, information on community resources, counseling with emotional and psychological distress, leading support groups, negotiating the health care system and understanding treatment options.

